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A Comparative Study: Haemodynamic Changes in Paediatric Laparoscopic Surgery

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Abstract

The paediatric laparoscopic surgery has gained popularity due to reduced morbidity, mortality and health care costs. However, the intra-abdominal pressure (IAP) and higher vagal tone are critical determinants of cardiovascular stability and its anaesthetic management during laparoscopy. Paediatric laparoscopic procedures are likely to cause an increase in pulmonary and systemic vascular resistance, sudden bradycardia during pneumoperitoneum because peritoneal stimulation by a blast of insufflated gas or penetration by trocars and laparoscopes. The present study was designed to quantify the changes in haemodynamics and compare these with conventional abdominal surgery.

Keywords and Abbreviation: Oxygen Saturation, Intra-abdominal pressure, Systemic vascular resistance, Cardiac index, End tidal carbon-dioxide, Partial pressure of venous carbon-dioxide.

Introduction

The earliest reference to laparoscopy dates back to Biblical history. In 1901, George Kelling used a cystoscope to examine the intra-abdominal viscera of a dog after insufflating the peritoneal cavity with air, and coined the term "celioscopy. He was one of the earliest advocates of minimally invasive surgery and reported his 22 years of experience with laparoscopy to the German Surgical Society in 1923.^[1,2]

Since, the introduction of minimal access surgery, paediatric laparoscopy byKelling in 1923 and the first human laparoscopic cholecystectomy by Phillipe Mouret in 1987, laparoscopic cholecystectomy has become prevalent worldwide. The first case of laparoscopy in paediatric surgery was reported by Stephen Gans in 1971, in his landmark publication, "Advances in Endoscopy of Infants and Children," as peritoneoscopy.^[3]

A laparoscopic approach offers several advantages; potentially reduces the surgical stress, fluid shifts, less need for postoperative analgesia, reduction of postoperative respiratory and wound complications; shortens postoperative convalescence, rapid return to normal diet and decreased overall hospital stay, smaller surgical scars and better maintenance of homeostasis.^[4]

The hallmark of laparoscopy is creation of carbon dioxide pneumo-peritoneum. Though laparoscopic surgery offers many benefits over conventional surgery, it still has several systemic effects. The cardiovascular effects are increase in pulmonary and systemic vascular resistance, sudden

bradycardia during pneumoperitoneum with a blast of insufflated gas or penetration by trocars laparoscopes and even by raised and intraabdominal pressure (IAP).^[5] Thus limiting the IAP to 6mmhg in infants and to 12mmHg in older children has been found to have minimal effects on cardiac index.^[6] The pulmonary effects can lead to significant ventilation perfusion mismatch as a consequence of reduced diaphragmatic excursion, reduced thoracic compliance & functional residual capacity; early closure of smaller airways & increased peak airway pressures. The other potential threats are endobronchial intubation, subcutaneous emphysema, pneumothorax, pneumomediastinum, massive CO₂ embolism, bronchospasm, bronchial hypersecretion and atelectasis.^[7] There are effects on other systems such as rise in ICP and CBF, risk of regurgitation, venous stasis, reduction in splanchnic, hepatic, and renal blood flow, oliguria, metabolic acidosis and increase in the plasma concentrations of catecholamines, cortisol, insulin, epinephrine, prolactin, growth hormone, and glucose levels.^[8]

The surgical concerns are intra-abdominal pressure and crowding of viscera small space, which is decided according to the age group of patients. It leads to restricted access of periumbilical area for port because of risk of umbilical vessels, stomach and bladder puncture. It needsdeflation to reduce the risk of visceral injury.^[8,9]

Though there is adequate data on anaesthesia for laparoscopic surgery in adults it is inappropriate to extrapolate data obtained in adult laparoscopy to children, as children are not small adults. There is paucity of published data on anaesthesia for minimally invasive surgery in young population. Existing reports mostly vary from anecdotal to small observational studies.

There are few controlled studies onlaparoscopic appendectomy and fundoplication in children, these have helped to identify the benefits and drawbacks of this technique^[10,11]. The present

study was designed to quantify the haemodynamics, pH and partial pressure of venous carbon dioxide changes in paediatric patients undergoing laparoscopic surgery and to compare these with conventional abdominal surgery in children.

Material & Method

After permission from Hospital Ethics Committee and written informed consent,60 paediatric patients undergoing elective abdominal surgery under general anaesthesia in ASA Grade I / II, aged below 05 years weighing less than 20 kg, were enrolled in study. They were randomly divided into 2 groups of 30 patients each, the Group I: Consisted of patients taken up for abdominal laparoscopic surgery while Group II: Consisted of patients taken up for conventional abdominal surgery.The patients were permitted milk and solids up to 6 hrs and clear fluids up to 4 hrs before surgery. 20ml/kg N/3 glucose saline solution was administered to all patients, to offset haemodynamic effects during induction.

All children in both groups were premedicated with midazolam 0.10 mg/kg intravenous 30 minutes before starting surgery. Premedicated with fentanyl 2 µg/kg. General anaesthesia (GA) was induced with propofol 2.0-2.5 mg/kg and endotracheal intubation was facilitated with vecuronium 0.1 mg/kg with an appropriate size of an endotracheal tube. GA was maintained with an nitrous oxide. and sevoflurane oxygen, (0.8% - 1.2%),supplemented with fentanyl 0.5-1.0 µg/kg and vecuronium boluses at appropriate intervals.Patients were mechanically ventilated using oxygen and nitrous oxide with tidal volume of 10 ml/kg, an i:e ratio of 1:2 and respiratory rate (RR) was adjusted initially to maintain end-tidal CO₂ below 30-35 mmHg and limiting the peak airway pressure to 30 cmH₂O.In Group I, CO₂ was used for pneumoperitoneum, the intra-abdominal pressure exerted by CO₂ was kept < 10-12 cm H₂O. All patients were monitored with pulse oximetry, basal heart rate, blood pressure (automated NIBP), temperature,

continuous ECG, EtCO₂, airway pressure,pH of blood and PvCO₂ of bloodin both the groups of patients intermittently recorded at induction, intubation, starting surgery, half hourly intervals, at end of surgery and post-operatively.

The statistical analysis was done using SPSS (Statistical Package for Social Sciences) for Windows, Version 16.0. Chicago, SPSS Inc. Data variables were expressed as mean \pm standard deviation. Student's t-test and Chi-square test were applied to compare different variables between the two groups. P < 0.05 was considered statistically significant.

Result

A total of 60 patients of ASA Grade I and II included in the study were divided in two equal groups. The demographic distribution of patients for age, height, weight gender and nature of surgery was statistically analysed and found identical. (Table 1). The baseline recording of hemodynamic variables i.e. heart rate, SpO₂, systolic blood pressure, diastolic blood pressure, EtCO₂, PvCO₂ and peak inspiratory pressure (PIP) cm H₂O of Group I and Group II was statistically not significant (p>0.05) (Table 2). All patients were monitored with pulse oximetry, basal heart rate, blood pressure (SBP and DBP), temperature, continuous ECG, EtCO2, PvCO₂ and peak airway pressure at induction, intubation, starting surgery, at half hour interval, at end of surgery and postoperatively. The anaesthesia technique remained identical in all the cases. The maximum number of cases in both the groups consisted congenital hernia and undescended testis and surgeries were completed within 60 minutes, while few took more than 60 minutes. However all of them were completed surgeries in less than 120 minutes.

The intergroup comparison of arterial oxygen saturation, Heart rate and systolic and diastolic blood pressure, were identical and their difference was statistically not significant. The end tidal concentration of carbon dioxide gradually increased in group I, following pneumoperitoneum. The rise in EtCO₂ concentration was evident at all stages of following creation of pneumo-peritoneum, though it was a marginal rise but statistically significant. (p-value< 0.05). The arterial blood gas analysis of intergroup comparison reciprocated the rise of EtCO₂, i.e. comparatively there was a significant fall in pH in Group I (p-value< 0.05) following pneumoperitoneum.However toward the end of surgery and during post-operative period there was a fall in pH in Group I but statistically not significant.

The rise in mixed venous partial pressure of carbon dioxide (PvCO2) was nearly about 5-6 mm Hg from the time CO2 insufflation, which remained till end of surgery. In group II patients, the PvCO2 was not raised. The PvCO₂ was normal at basal, induction and at intubation levels and showed a gradual rise in Group I, withcreation of pneumo-peritoneum, statistically a significant change but towards the post-operative period it declined. Though the PvCO₂ value was higher in Group I but statically not significant. The peak inspiratory pressure remained identical in in either group and the change in PIP was statistically not significant.

Demographic Profiles		Group I (n =30)	"Group II (n=30)	
Age		2.54 ± 1.44	2.65 ± 1.52	
C	Male	20(66.3%)	21(70%)	
Sex	Female	10(34.6%)	9(30%)	
Weight		11.62 ± 4.10	11.08 ± 3.92	
Surgery Performed	Herniotomy	15	13	
	Orchidopexy	11	14	
	Nephrectomy	02	02	
	Splenectomy	02	01	

 Table 1 Demography & Surgical Data

Vital Parameters	Group I (n=30)	"Group II (n=30)	p-value	
Heart Rate	106.30+13.09	107.63+12.96	0.850	
Systolic blood pressure	116.90±12.254	115.23±13.351	0.616	
Diastolic Blood Pressure	62.67±11.66	61.80±6.20	0.790	
Arterial Oxygen Saturation	99.57±0.504	99.53±0.507	0.797	
End tidal concentration (EtCO ₂)	29.76±1.179	29.80±1.182	0.486	
pH of blood	7.376±0.030	7.380±0.014	0.491	
PvCO ₂ of blood	35.373±0.020	35.378±0.012	0.265	
PIP cm H_2O	18.50±1.121	18.49±1.098	0.972	

Table 2 Mean Basal Vital Parameters

Table 3 Peri-operative Vital Parameters

	Parameters (p-value)								
Time Interval	SpO ₂	Heart	Blood Pressure		EtCO2	pН	PvCO ₂	PIP	
		Rate	SBP	DBP					
Induction	0.608	0.294	0.742	0.371	0.001	0.422	0.236	0.234	
Intubation	0.605	0.338	0.950	0.504	0.001	0.265	0.491	0.346	
Start of surgery	1.000	0.567	0.912	0.415	0.001	0.001	0.001	0.453	
At 30 min	0.609	0.851	0.321	0.526	0.001	0.001	0.001	0.652	
End of surgery	0.608	0.717	0.732	0.687	0.001	0.006	0.001	0.622	
Post-operatively	1.000	0.899	0.605	0.660	0.001	0.745	0.082	0.784	

Discssion

Laparoscopy in the paediatric population is now a known entity due to its many fold advantages of a minimal access surgery. The great majority of surgical procedures in infants and young children, are now being safely and effectively done using the laparoscope.^[4] However, laparoscopy is associated with its own limitations in paediatric patients, owing to crowding of viscera in small space, restricted access of periumbilical area for port, hemodynamic alterations, raised intra-abdominal pressure and an alteration in arterial blood gas following absorption of carbon dioxide and circulatory pressure changes.^[12]

This was an observational comparative study involving two groups of paediatric patients undergoing elective abdominal surgery either laparoscopically or by a conventional open abdominal approach. The study focused on observing changes in heart rate, blood pressure, end tidal carbon-di-oxide, PvCO2 and pH during the intra-operative period. Patients were similar in both groups in terms of age, sex, weight, type of surgical pathology and the surgical treatment. The only difference was in the surgical approach, in that, Group I had all the surgeries performed laparoscopically while Group II had all surgeries performed by a non-laparoscopic conventional technique. The observations showed that there was no significant difference in the two groups with respect to heart rate, blood pressure and SpO2. Statistically significant differences were there between the groups with regard to Et CO2, PvCO2 and pH. However, with judicious changes in the Peak Inspiratory Pressure (PIP), defined in the methodology, these parameters were maintained within the physiological range and did not have any clinical consequence.

Supine position and increase in intra-abdominal pressure in laparoscopic surgery results in decreased venous return and a fall in cardiac output.^[13] However there was no demonstrable significant alteration in haemodynamics in present study. The noteworthy point of difference could be a restriction of intra-abdominal pressure to less than 12mm Hg compared to earlier study where intra-abdominal pressure was 15 mm Hg and higher^[14].Sfez et al in their study on children undergoing laparoscopic fundoplication in supine position with intra-abdominal pressure maintained between 6-10mm of Hg, have reported a similar lack of haemodynamic response.^[15]

There are conflicting reports on effects of pneumo-peritoneum on cardiac index. Joris et

aldemonstrated a significant decrease in cardiac index when intra-abdominal pressure was raised above 20 mm of Hg^[16]. These results could not be replicated in a similar study by Odeberget al, when intra-abdominal pressure was not as high.^[17] However in this study cardiac index was not recorded but the results propose a hypothesis that not much change in cardiac index would be expected if intra-abdominal pressures are kept below 12mm Hg in patients undergoing laparoscopic surgery.

There was no statistical difference between the groups with regard to heart rate and blood pressure changes despite the fact that most surgeries were performed in supine position and all surgeries in Group I involved creation of pneumo-peritoneum and rise in abdominal pressure. This minimal haemodynamic response, especially in the laparoscopic group can be attributed to the fact that in none of the patients, intra-abdominal pressure was raised beyond 12 mm of Hg. In view of the above, it can be concluded that in paediatric patients undergoing laparoscopic surgery heart rate and blood pressure changes are minimal if the intra-abdominal pressure is kept below 12mm Hg. This is in agreement with the studies of Ishizaki Y et al and Dexter SP et al, who proposed a threshold of 12 above which significant mm Hg IAP haemodynamic changes occur.^[18,19] Cardiac output in children is depends more on preload and contractility rather than on afterload. All our patients were given fluid preload prior to introduction of pneumo-peritoneum thus counter balancing the reduction in decrease in venous return and consequent reduction in preload.

Most of the surgical procedures in Group I and II were completed in 30 to 60 min. As opposed to Group II, all patients in Group I had CO2 insufflation but the period for which pneumoperitoneum was maintained was short and did not result in CO2 absorption related haemodynamic changes, as at no stage did the EtCO2 or the PvCO2 rise above the physiological range. Bozkurt P et al also had similar observations that no significant change in PaCO2 occurred if duration of pneumoperitoneum was shorter than 30 min^[5].

It was observed a fall of pH along with a rise in EtCO2 and a corresponding rise in PvCO2 in Group I patients where carbon dioxide insufflation was done. As opposed to this, Group II showed a near constant pH with minimal changes noted in EtCO2 and PvCO2. This was in consistent with the animal model study of Sumpe Imann et al.^[20] There was no statistically significant difference in the baseline respiratory rate of the two groups. The difference in post-operative respiratory rates, between the two groups, was statistically significant. Respiratory rate was higher in group I, as compared to group II patients, possibly due to the fact that absorbed CO2 in group I required a wash-out time, where in central respiratory centre was activated.

Conclusion

On the basis of above observations, it can be concluded that in paediatric patients undergoing laparoscopic surgery, haemodynamic changes (heart rate, systolic and diastolic blood pressure) are offset by maintaining intra-abdominal pressure to less than 12 cm H2O during pneumoperitoneum and by optimal intravenous hydration to ensure adequate venous return during pneumoperitoneum.

Respiratory parameters like oxygen saturation, end-tidal carbon dioxide, partial pressure of carbon dioxide in venous blood and pH can be maintained within physiological limits, by judicious increase of peak inspiratory pressure to about 5-8 cm H2O, during pneumo-peritoneum. The maintenance of these parameters, within the physiological range, prevents clinical changes in haemodynamics due to hypercarbia and acidosis.

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