Estimation of Serum Electrolytes in Hyperthyroid Patients

Authors
Meenakshi Sharma1*, Navneet Kour2
1Deptt. of Physiology, GMC, Kathua, Jammu and Kashmir
2Deptt. of Physiology, GMC, Jammu, Jammu and Kashmir
*Corresponding Author
Dr Meenakshi Sharma

Abstract
Introduction: Various metabolic pathways clearly indicate how importantly thyroid and kidney are interrelated; any alteration of thyroid gland leads to change of thyroid hormone levels and modifies the renal function and any disorder in renal function can retard the normal pathway of thyroid hormone. So, the present study is planned to estimate the level of serum electrolytes in hyperthyroid patients.

Material and Methods: The study was undertaken in subjects of age group 20-65 years. Subjects were taken from out patient department of medicine in Government Medical College, Jammu. Detailed explanation of the purpose and methodology of the tests was given to all subjects and all eligible subjects were requested to participate in the study. Subjects were divided into two groups.

Group A Euthyroid and Group B Hyperthyroid.

Conclusion: The present study shows that there is no significant difference in mean serum sodium and serum potassium between euthyroid and hyperthyroid subjects as this study was planned to show abnormalities of renal function in thyroid dysfunction.

Keywords: Serum electrolytes, hyperthyroidism.

Introduction
Water and electrolyte balance of various tissues of human body is partly regulated by T 4 and T 3 and the metabolism of thyroid hormones are accentuated by renal function and kidney is considered to be one of the vital tissues for thyroid hormones as well. Various metabolic pathways clearly indicate how importantly thyroid and kidney are interrelated; any alteration of thyroid gland leads to change of thyroid hormone levels and modifies the renal function and any disorder in renal function can retard the normal pathway of thyroid hormone. In either case, human metabolism is adversely affected and it will be accompanied by serious adverse effects resulting into various metabolic disorders[1,2,3,4]. Thyroid disorders adversely influence the kidney structure and function.[5,6,7,8] It is believed that kidney deviation from its normal function, eventually affect thyroid gland and lead to thyroid malfunction[9]. So, the present study is planned to estimate the level of serum electrolytes in hyperthyroid patients.

Material and Methods
The present study was conducted in the Department of Physiology in collaboration with the Department of Medicine and Department of...
Biochemistry, Government Medical College, Jammu.

**Selection Procedure**
The study was undertaken in subjects of age group 20-65 years. Subjects were taken from outpatient department of medicine in Government Medical College, Jammu. Detailed explanation of the purpose and methodology of the tests was given to all subjects and all eligible subjects were requested to participate in the study. Subjects were divided into two groups: Group A Euthyroid and Group B Hyperthyroid.

**Eligibility Criteria**

**Inclusion Criteria:** Fresh cases of hyperthyroidism were detected by their clinical presentation and biochemical parameters. Patients of both sexes and 20 years of age were included.

**Exclusion Criteria:** Pre-existing diseases like diabetes mellitus, renal disorders, liver disorders or any other chronic inflammatory medical condition were excluded from the study.

Weight and height were recorded as per standards recommended by WHO.

**Biochemical measurements**
Thyroid function tests (T3, T4 and TSH) were performed by chemiluminescent microparticle immunoassay for the quantitative determination of thyroid hormones in human serum and plasma\[^{10,11}\]. Renal function tests (Sr. urea, creatinine, uricacid, sodium and potassium) were estimated on fully automated analyser (Siemens Dimensionsxp and Plus). Handling and storage of blood samples were done as per criteria furnished by National Committee for Clinical laboratory-Standard (NCCLS).

**Statistical Analysis**
Data was subjected to one way analyses of variance (ANOVA). In all cases, means are used as units of analyses are represented as mean ± SD. Individual values for each subject were taken as replicate and for each parameter 40 replicates were used in total. A p-value of less than 0.05 was considered statistically significant.

**Results**

**Comparison of mean serum sodium of group A and group B subjects**

<table>
<thead>
<tr>
<th>Classification of subjects</th>
<th>Serum sodium (meq/L)</th>
<th>Statistical inference</th>
<th>Statistical inference</th>
<th>Significant difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Euthyroid</td>
<td>141.03± 2.02</td>
<td>F=2.0447</td>
<td>P=0.1567</td>
<td>Not significant as p&gt;0.05</td>
</tr>
<tr>
<td>Hyperthyroid</td>
<td>140.38+ 2.05</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Comparison of serum potassium of group A and group B Subjects**

<table>
<thead>
<tr>
<th>Classification of subjects</th>
<th>Serum potassium (meq/L)</th>
<th>Statistical inference</th>
<th>Statistical inference</th>
<th>Significant difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Euthyroid</td>
<td>3.98+ 0.23</td>
<td>F=0.0095</td>
<td>P=0.924</td>
<td>Not significant as p&gt;0.05</td>
</tr>
<tr>
<td>Hyperthyroid</td>
<td>3.98+ 0.22</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table shows there is no significant difference in mean serum potassium between euthyroid and hyperthyroid subjects.

**Discussion**
Thyroid hormones influence renal development, kidney structure, renal hemodynamics, glomerular filtration rate (GFR), function of many transport systems along the nephron and sodium and water hemostasis\[^{12}\]. The physiologic effects of hyperthyroidism may create increased hepatic oxygen consumption without an equal increase in blood flow, causing focal hypoxaemia and hepatic dysfunction\[^{13}\]. It has also been hypothesised that these abnormalities are in part related to congestive heart failure and venous congestion caused by hyperthyroidism, although features of
congestive hepatopathy were not evident in our patients liver biopsy.\[14\]

**Conclusion**

The present study shows that there is no significant difference in mean serum sodium and serum potassium between euthyroid and hyperthyroid subjects as this study was planned to show abnormalities of renal function in thyroid dysfunction.

**Bibliography**