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A Histopathological Study on Invasive Ductal Carcinoma Breast with Respect to ER/PR Status and Mast Cell Distribution

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Abstract

Introduction: When a carcinoma develops our immunity plays a major role in fighting against tumor cells. Mast cells which play a major role in our innate immunity are also found to get activated in a developing tumor. So far only few studies have been conducted on the role of mast cell in carcinoma breast which have shown the cytolytic activity of these on tumor cells and their relationship in response to hormone receptor status.

Aim: To study the histopathological characteristics of invasive ductal carcinoma breast. and mast cell count in them and their relationship with Estrogen & Progesterone receptor status.

Materials and Methods: We did a descriptive histopathological study on the specimens of modified radical mastectomy received in the Department of Pathology, Government Medical College, Thiruvananthapuram from 1st January 2012 to 2014. Histopathological characteristics of each case with respect to their ER/PR status was studied. Mast cell were stained using special stains and counted. Data was statistically analysed with SPSS software using Univariate analysis and chi square test to detect the significance of mast cell presence with receptor status in invasive ductal carcinoma breast.

Results: Out of total 150 cases the mast cells were present in 56 cases (37.3%) and were absent in 94 cases (62.7%). The relationship between presence of mast cells and estrogen and progesterone receptor positivity was found to be stastically insignificant as the p-value was more than 0.05. Thus there was no significant relationship between estrogen and progesterone receptor status with the presence of mast cells.

Conclusions: The present study showed that there is no significant relationship between presence of mast cells in peritumoral tissue and the hormonal status of the patient. So as per this study mast cell presence cannot be suggested as a definitive cheap easily assessable prognostic factor in carcinoma breast. Newer modalities for detection of new prognostic indicators can help in implementation of adjuvant therapies in a patient with ductal carcinoma breast.

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Introduction

Among the various cancers carcinoma breast is the most common cancer among women in developed countries and is the second most common cancer among Indian females. Developmentally, the female breast is under the control of estrogen and progesterone. So these hormones play a strong role in the causation of breast cancer. It can be of 2 types- ductal and lobular of which Invasive Ductal Carcinoma (IDC) is the commonest form.

When a carcinoma develops our immunity plays a major role in fighting against tumor cells. Mast cells which play a major role in our innate immunity are also found to get activated in a developing tumor. So far only few studies have been conducted on the role of mast cell in carcinoma breast which have shown the cytolytic activity of these on tumor cells and their relationship in response to hormone receptor status.

Various studies have been conducted to find out the relationship between the hormone receptor status and cellular status in tumor microenvironment.

The invasive breast carcinomas is graded histologically as per the Nottingham modification of the Scarff-Bloom-Richardson grading system which grades breast carcinomas by adding up scores for tubule formation, nuclear pleomorphism, and mitotic count. The scores for each of these are added together to give an overall final score and corresponding grade for IDC.

The Clinical Grading is using TNM staging. Lower the stage betters the prognosis.ER and PR status is assessed as per Allred score. Positivity for these receptors favors good prognosis.

A study is being planned to find out histopathological characteristics of invasive ductal carcinoma breast in our setup and to find out the relationship of mast cell distribution in invasive carcinoma breast with respect to various grades and their ER/PR status.

Materials and Methods

Study Design: Descriptive study

StudySetting:DepartmentofPathology,GovernmentMedicalCollege,Thiruvananthapuram.

Study Period: January 2012 to January 2014

Study Population:

Inclusion Criteria

All the specimens of modified radical mastectomy received in the Department of Pathology, Government Medical College, Thiruvananthapuram from 1st January 2012 to 1st January 2014.

Exclusion Criteria

- Histopathological diagnosis other than invasive ductal carcinoma
- carcinoma breast in males

Methodology

- Evaluation of clinical features
- Evaluation of Morphological Factors

In hematoxylin and eosin stained sections, various parameters namely tumour grade, histological type, mitosis, peritumoral tissue, venous invasion, host response and the number of lymph nodes involved by the tumour were studied.

Sections from tumor were also assessed for hormone receptor status namely estrogen and progesterone receptor status and graded using ALLRED scoring system.

Sections from peritumoral tissue were taken and stained with toluidene blue and giemsa for studying the distribution of mast cells.

Various prognostic factors analysed in the study may be defined as follows:

- Age, Tumour location, Tumour size
- **Tumour grade:** Tumour grading was done based on Modified Bloom Richardson scoring system:
- **Histology:** only tumors which had histology consistent with IDC-NOS was selected
- Vascular invasion: Vascular emboli were searched in the tumour as well as in adjacent tissues.
- **Peritumoral tissue:** The host immune response in peritumoral tissue was assessed as to whether there was

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lymphocytic infiltration or fibrosis or mast cells.

• Lymph nodes involved: ER ANDPR STATUS: asper ALLRED SCORING SYSTEM using adequate controls

Patients were Stratified into 4 groups Based on Average Intensity Score of ER and PR Status

Mast Cells: Sections from peritumoral areas are stained using toluidene blue and giemsa and mast cells are counted per high power field.

A case was taken as mast cell positive only if one or more mast cells were present in stromal areas of specimens in 10 high power fields in both giemsa and toluidene blue.ⁱ

Finally cases were compared with presence of mast cells in each with respect to their ER and PR status.

Analysis

Statistical analysis in the present study was performed using SPSS software. Univariate analysis was done using chi square test to detect the significance of mast cell presence with receptor status in invasive ductal carcinoma breast.

Observations and Results

The present study was done on the mastectomy specimens done for carcinoma breast received in the department of pathology, Government Medical College, Thiruvananthapuram during a period of two years from January 2012 to January 2014. A total of 150 cases were studied.

Age Distribution

In this study all the cases were divided into 3 groups based on age as <40yrs, 40-60yrs and >60 yrs. Majority of the cases were between 40-60 yrs (68%) followed by 23% cases above 60 yrs. The youngest patient was 30 yrs old and oldest was 78 yrs old. (Table 1,Figure 1)

Table 1- Age Distribution

Age (in years)	Frequency	Percentage
<40	13	8.7%
40-60	102	68.0%
>60	35	23.3%
Total	150	100.0%

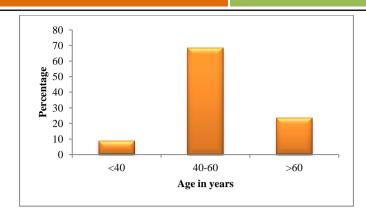


Figure 1 – Age Distribution

Tumor Laterality

Among 150 cases studied, most of the tumors 69(54%) were located on left side and 81 cases (46%) were located on right side. Thus there was a slight predominance for left sided tumors. (Table 2,Figure 2)

Table 2- Tumor Laterality

Tumor Laterality	Frequency	Percentage
Right	69	46.0%
Left	81	54.0%
Total	150	100.0%

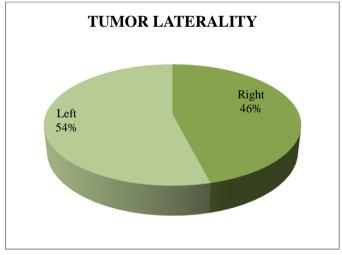


Figure 2-Tumor Laterality

Tumor Size

Tumor size was graded into 3 groups ie.a)Less than or equal to 2 cm size b)more than 2cm to size less than or equal to 5cm and c)more than 5 cm and majority of the cases ie 110 cases (73.4%) had tumor size between 2 to 5 cm. (Table 3,Figure 3)

Table 3-Tumor Size

Tumor Size (Cm)	Frequency	Percentage
≤ 2	14	9.3%
>2 - ≤ 5	110	73.4%
>5	26	17.3%
Total	150	100.0%

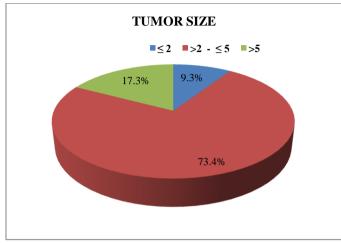


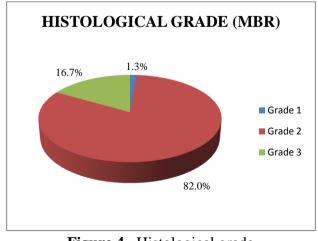
Figure 3- Tumor Size

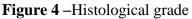
Histological Grade

All the cases were graded using Modified Bloom Richardson grading (MBR) system. Out of the 150 cases studied 123 cases (82%) belonged to grade 2 closely followed by 25(16.7%) cases in grade 3 and 2 cases (1.3%) in grade 1.(Table 4,Figure 4)

Table 4-Histological Grade

<u> </u>		
HISTOLOGICAL GRADE (MBR)	FREQUENCY	PERCENTAGE
1	2	1.3%
2	123	82.0%
3	25	16.7%
Total	150	100.0%





Number of Lymphnodes Involved by Metastasis

The patients were divided into 4 groups based on lymph node status. Majority of the cases had positive lymph nodes showing tumor(62.7%) while 56 cases(37.3%) had negative nodes.(table 5,figure 5)

Number Of Lymphnodes Involved By Metastasis	Frequency	Percentage
Nil	56	37.3%
1-3	42	28.0%
4-9	39	26.0%
>10	13	8.7%
Total	150	100.0%

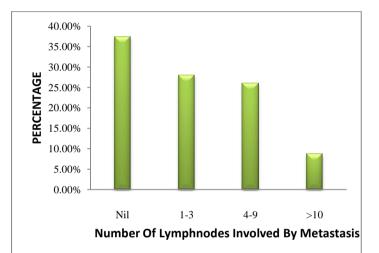


Figure 5- Lymphnode involvement

Lymphovascular Invasion

Out of 150 cases evaluated only 11 cases (7.3%) showed features suggestive of tumor invading lymphatics or vessels. (Table 6,Figure6).

Table 6-Lymphovascular Invasion

Lymphovascular Invasion	Frequency	Percentage
Present	11	7.3%
Absent	139	92.7%
Total	150	100.0%

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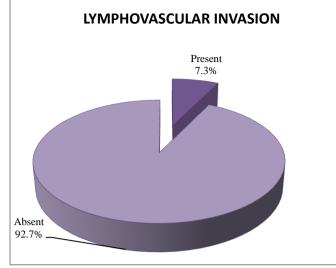


Figure 6-Lymphovascular Invasion

Margin Involvement

Margin involvement was found in only 26 cases (17.3%) while 124 cases (82.7%) showed no margin involvement by tumor cells. (Table 7, Figure 7)

Table 7-Margin Involvement

Involvement of Margins	Frequency	Percentage
Present	26	17.3%
Absent	124	82.7%
Total	150	100.0%

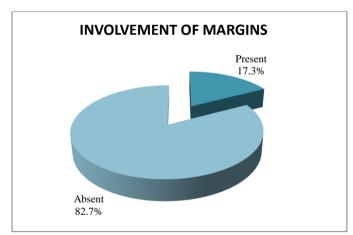


Figure 7- Involvement of Margins

Estrogen Receptor Status

Cases were analysed for Estrogen receptor status and graded using ALLRED scoring system and divided into 4 grades as strong positive, moderately positive, weak positive and negative. Majority of the cases ie.87 cases (58%) showed positivity for Estrogen receptor. While 63 cases (42%) showed Estrogen negativity. (Table 8,Figure 8)

Table 8- Estrogen Receptor Status

Estrogen Receptor	Frequency	Percentage
Absent	63	42.0%
Weak	47	31.3%
Moderate	32	21.3%
Strong	8	5.3%
Total	150	100.0%

Progesterone Receptor Status

Progesterone receptor status assessed by ALLRED scoring system showed positivity in 74 cases (49.3%) and 76 (50.7%) cases showing progesterone negativity.(Table 9,Figure 8)

 Table 9- Progesterone Receptor Status

Progesterone Receptor	Frequency	Percentage
Absent	76	50.7%
Weak	40	26.7%
Moderate	24	16.0%
Strong	10	6.7%
Total	150	100.0%

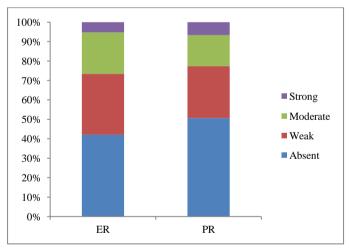


Figure 8-Estrogen and Progesterone Receptor Status

Presence of Mast Cells

Presence of mast cells in peritumoral tissue was assessed using special stains. The mast cells were present in 56 cases (37.3%) and were absent in 94 cases (62.7%). (Table 10, Figure 9)

Table 10- Presence of Mast Cells

Mast Cells	Frequency	Percentage
Present	56	37.3%
Absent	94	62.7%
Total	150	100.0%

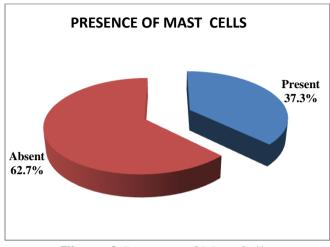


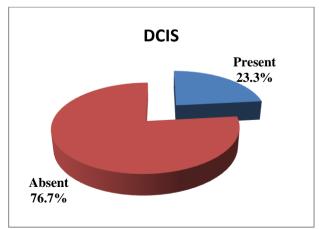
Figure 9-Presence of Mast Cells

Presence of Ductal Carcinoma in Situ

Presence of ductal carcinoma insitu component in adjacent breast tissue was present in 35 cases (23.3%) while rest 115 cases(76.7%) showed features like fibrosis, adenosis, inflammatory cell infiltrate etc. (Table 11,Figure 10)

Table 11-Presence of Ductal carcinoma In situComponent

DCIS	FREQUENCY	PERCENTAGE
Present	35	23.3%
Absent	115	76.7%
Total	150	100.0%





Mast cells and Hormonal Status

The relationship between presence of mast cells and estrogen receptor positivity and progesterone receptor positivity was analysed separately using Chi-Square test. The result was found to be statistically insignificant as the p-value was more than 0.05. Thus there was no significant relationship between estrogen and progesterone receptor status with the presence of mast cells. (Table 12, Table 13)

Table 12-Mast Cells and Estrogen ReceptorStatus

	MAST cells					
	Present		Absent		Total	
ER	No:	%	No:	%	No:	%
Absent	18	32.1	45	47.9	63	42.0
Weak	19	33.9	28	29.8	47	31.3
Moderate	15	26.8	17	18.1	32	21.3
Strong	4	7.1	4	4.3	8	5.3
Total	56	100.0	94	100.0	150	100.0
$\chi^2 = 4.053 df = 3$ $p = 0.256$						

Table13-MastCellsandProgesteroneReceptor Status

	MAST cells					
	Pre	sent	Ab	sent	Т	otal
PR	No:	%	No:	%	No:	%
Absent	26	46.4	50	53.2	76	50.7
Weak	16	28.6	24	25.5	40	26.7
Moderate	11	19.6	13	13.8	24	16.0
Strong	3	5.4	7	7.4	10	6.7
Total	56	100.0	94	100.0	150	100.0
$v^2 - 1.409df - 3$ n=0.703						

 $\chi^2 = 1.409 df = 3$ p = 0.703

Discussion

As carcinoma breast is the most common cancer affecting women a clear knowledge regarding the different prognostic factors is very important. The detection of new factors helps us to implement newer treatment modalities which can be advocated as adjuvant treatment mainly to node negative patients. The detection of new factors like mast cells detected by simple techniques are seen to correlate with hormone status and so can be useful both as prognostic and treatment factor. The Present Study Included 150 Cases of Invasive Ductal Carcinoma Over A Period Of 2 Years

Age

The mean age of patients was 54yrs which was similar to other studies. Comparing with other studies it was found to be comparable to findings by Baxter et al with mean age of 56.88 yrs. The majority of patients belonged to the age range of 40 to 60 yrs.

Table 14-Comparison of Age

Study	Mean Age
Dueck et al ⁵	58.7 yrs
Baxter et al ⁶	56.88yrs
Chakraborthy et al ⁴	43.21yrs
Present study	54yrs

Tumor Laterality

Most common side affected by invasive ductal carcinoma breast was found to be leftside. Comparing with other studies it was similar to the findings by Stanec et al⁸ but dissimiliar to the observations made by Chakraborthyet al⁴ and Raychaudhari et al⁷ with most common side affected being right side.

 Table 15- Comparison of Tumor Laterality

Study	Right breast	Left breast
Chakraborthy et al ⁴	56.52%	43.48%
Raychaudhari et al ⁷	51.7%	46.7%
Stanec et al ⁸	45.4%	54.6%
Present study	46%	54%

Tumor Size

In the present study it was seen that majority of the cases had tumorsize between 2 cm to 5 cm category which was comparable with the observations made by Rojananin et al¹¹ and Tan PH et al¹². However, Baxter et al⁶found that predominant tumours size was less than 2 cm. Rusby JE et al¹³categorisedtumour size into ≤ 2 cm and > 2 cm and observed a higher proportion of tumours in ≤ 2 cm category (63%).

Table 16 Comparison of Tumour Size

Study	Tumour	Tumour size >2	Tumour size
-	size ≤2 cm	$\operatorname{cm}\operatorname{but} \leq 5 \operatorname{cm}$	>5 cm
Rojananin et al ¹¹	30.4%	56.5%	13.1%
Tan PHet al ¹²	20%	60%	20%
Baxter et al ⁶	60.1%	27.8%	12.1%
Present study	9.3%	73.3%	17.3%

Histological Grade

On grading invasive ductal carcinoma using Modified Bloom Richardson grading system in the present study, majority belonged to grade 2. The results were in concordance with the published observations by Baxter et al⁶, Dueck et al⁵, Smith et al⁹ and Stanec et al⁸. The result was however in contrast with the observations made by De Rosa G et al¹⁰ who observed a predominance of grade 3 tumours. The difference may be due to interobserver variability in grading the tumours.

-		-	-
Study	Grade 1	Grade 2	Grade 3
Baxter et al ⁶	27.3%	38.3%	34.4%
Dueck et al ⁵	18%	42%	40%
Smith et al ⁹	10%	47%	43%
De Rosa G et al ¹⁰	9%	33%	58%
stanec et al ⁸	32.1%	35.8%	32.1%
Present study	1.3%	82.0%	16.7%

Table 17- Comparison of histological grade

Lymph Node Involvement

In the present study metastasis from breast carcinoma to axillary lymph nodes was observed in 63.3% of cases. This was found to be similar to the result obtained by De Rosa G et al¹⁰ and Chattopadhyay BK et al^{7.} However Baxter et al⁶, AC Dueck et al⁵ and Rusby JE et al¹³noted less proportion of cases with lymph node involvement. In the present study, majority of the cases had between 1 to 3 lymph nodes being involved which was similar to the observations made by Rusby JE et al.¹³

Table18-ComparisonOfLymphnodeinvolvement

Study	Lymph node involvement
De Rosa G et al ¹⁰	51%
Chattopadhyay B K et al ⁷	57.5%
Baxter et al ⁶	38.2%
Dueck et al ⁵	36%
Rusby JE et al ¹³	44.1%
Present study	63.3%

Lympho-Vascular Invasion

In the present study the cases showing positivity for lympho-vascular invasion formed a small proportion coming to 7.3%. This was comparatively less than the observations made by Z.Stanecet al⁸, Duecket al⁵ and Rusby JE et al.¹³ **Table 19**-Comparison of Lympho-vascular Invasion

Study	Presence of lymphovascular		
	invasion		
Z.stanec et al ⁸	23%		
Dueck et al ⁵	26%		
Rusby JE et al ¹³	41%		
Present study	7.3%		

Presence of Ductal Carcinoma in Situ Component

In the present study Ductal carcinoma insitu component was observed in 35(23.3%) cases which was slightly higher compared to the data published by Rojananin et al¹¹. However, Rusby JE et al¹³ observed a much higher proportion of cases ie 41% with both invasive carcinoma and intraductal component.

 Table 20-Comparison for the presence of DCIS

 component

Study	DCIS component + Invasive	
	Carcinoma	
Rojananin et al ¹¹	15.6 %	
Rusby JE et al ¹³	54.7 %	
Present study	23.3%	

Oestrogen Receptor Status

In the present study which was done with control, positivity for oestrogen receptor was observed in 58% of cases. This proportion is comparatively lesser than the observations noted in other studies.

Table 21- Comparison of Oestrogen ReceptorPositivity

Study	Oestrogen Receptor Positivity
Baxter et al ⁶	74.4%
Rusby JE et al ¹³	75%
De Rosa G et al ¹⁰	89.5%
Present study	58.0%

Progesterone Receptor Status

In the present study which was done with control, positivity for progesterone receptor was observed in 49.3% of cases. This proportion is comparatively lesser than the observations noted in other studies.

Table 22-Comparison of Progesterone Receptor Positivity

Study	Progesterone Receptor Positivity
Baxter et al ⁶	65.7%
De Rosa G et al ¹⁰	84.5%
Present study	49.3%

Presence of Mast Cells

The presence of mast cells in tumor tissue was assessed using control and was found to be positive in 37.3% cases which was similar to study by M. Heidarpouretetal¹⁶ study by David Hunstman et al¹³ showed mast cell positivity in 26.7% cases. This variation might be due to the difference in techniques employed for the detection of mastcells.

Table 23- Comparison of Mast Cell Positivity	Table 23-	Comparison	of Mast Cell Positivity	
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Study	MAST CELL Positivity
David Hunstman et al ¹³	26.7%
MitraHeidarpouret al ¹⁶	33.3%
Present study	37.3%

Comparison of Hormonal Status and Presence of Mast Cell in Breast Carcinoma

In the present study on analyzing the relationship between the presence of mast cells with the estrogen receptor status by chi square test it was found that there is no significant association between presence of mast cells in the peritumoral tissue and estrogen receptor status. This was similar to findings by ShahriarDabiri¹³ et al which showed that there was no significant relationship between estrogen receptor status and mast cells by conducting studies on 348 cases of invasive ductal carcinoma breast. It was dissimiliar to findings by Heidrapour¹⁶ et al which showed that stromal mast cells correlated to Estrogen receptor positivity and hence a good prognostic indicator.

The present study showed no relationship between progesterone receptor status with mast cells which was similar to the study findings by Mitra Heidrapour et al¹⁶ and ShahriarDabri¹³ et al which also showed no correlation between the presence of stromal mast cells and PR positivity.

Conclusion

The present study showed that there is no significant relationship between presence of mast

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cells in peritumoral tissue and the hormonal status of the patient. So as per this study mast cell presence cannot be suggested as a definitive cheap easily assessable prognostic factor in carcinoma breast. Newer modalities for detection of new prognostic indicators can help in implementation of adjuvant therapies in a patient with ductal carcinoma breast.

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