



## Case Study Regarding Drug Abuse

Author

**Kamaljit Kaur**

Research Scholar Desh Bhagat University Mandi Gobindgarh Punjab, India

### Case study

#### To Heighten Sensation

**Family background:** in this case the respondent is 19 years old boy doing the B.A. degree. He played hockey. He belongs to the Sikh family. His father has a B.A. degree. He holds a responsible and a prestigious post. His mother is also a graduate but she is a housewife. He is the second issue of his parents. He is an elder brother and a younger sister who are still studying.

**Education:** he has passed the CBSE exam. After that he has wanted to join a college to be a graduate in sports.

**Reasons for starting:** According to him curiosity generally is the most common reason for trying drugs. He says that with the amount of literature, talks and discussion available on this subject, young people are tempted to find out for themselves what the actual experience would be like. he himself had read a lot about drugs in Chandigarh , where they lived once. He had also heard about drugs in Delhi and was tempted to try when he got the chance.

**Pattern of usage:** he had tried charas, ganja and heroin. He said that he prefers charas and takes it

regularly as it gives him a better experience than other drugs. For instance, heroin tends to dull his senses. After taking it, he feels numb and makes mistakes while playing. He generally takes his charas outside college or sometimes at home. However, he has, on occasion, taken drugs in college, even during lectures.

He said that he had his first experience with drugs when his brother and some friend were having a charas 'session' at his house. They offered some to the' respondents 'and tried it out of curiosity. Since then he has taken drugs both with friends and alone though he prefers to take it in a group.

**Experience:** he finds that when he has charas, his total appreciation of sports is greatly heightened. he feels that he plays better . He admits that though his physical power is incapacitated a bit by taking charas, his mental spirit reaches to a height and in this mental state he is better able to appreciate game and can cope with situation in the beat group.

**Source:** formerly he did not know where to obtain the drugs or how to prepare them. He used to get his supply from friends. Later, he bought his own supply as he found that it was easily available. He did not have any special arrangement with his friends and paid for the drugs only if he

specifically asked somebody to buy them for him. Financially, collection of drugs has not been a burden as they are cheap and he always earned enough money from shows with the beat group.

**Parent's view:** According to him, his parents are quite liberal and modern in their views. In his words, there were no “dramatic scenes at home” when he told his parents that he had tried drugs. However, they did not know he was a regular drug user. so there was good relation among them and normal atmosphere at home was not disturbed.

**Perpetuation:** at first, he took drugs about once a week. When his competitor group taking drugs daily as they felt it improved their performance. But gradually he found that his health had been suffering as he was losing weight and that he started getting headaches. Once he had made up his mind, he found it easy to give drugs, but he has started smoking cigarette of taking charas.