Primitive Neuroectodermal Tumor (PNET) of Kidney - A Case Report

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Abstract

Primary primitive neuroectodermal tumor of kidney is a rare entity. They are aggressive tumors, have tendency of vascular invasion and metastatizing to lungs, liver and bones. Classically the tumor comprises of small round cells arranged in sheets with presence of pseudo-rosettes. The tumor needs an accurate diagnosis from other round cell tumors as the treatment and prognosis varies with each one. This report documents a case of PNET of kidney in a 35 year old female.

Keywords:-Primitive neuroectodermal tumor, Kidney, Ewings sarcoma, malignant.

Introduction

Primitive neuroectodermal tumor (PNET) is a malignant small round blue cell tumor belonging to Ewings (EW) family of tumors. EW tumors are primarily bone lesions and a small percentage arises in soft tissues, commonly chest wall, paravertebral region, pelvis, proximal extremities of adolescents and young adults. Among organ system kidneys are most common site. We report This case in a 35 year old female who presented with vague complaints and was diagoned with right renal mass. This rare entity is briefly discussed with review of relevant literature.

Case Report

A 35 year old female presented with abdominal heaviness, discomfort and dull aching pain at times. There was no history of hematuria or dysuria. The patient was advised routine blood investigations along with abdominal ultra sonography. USG revealed a large mass in Rt kidney. Intra venous pyelograpy was performed which showed distortion of calyces. Blood investigations revealed mild anemia with raised ESR. Other tests were within normal range. Radical nephrectomy was performed and sent for histopathological examination.

Pathologic findings

Macroscopic examination showed a nephrectomy specimen covered with perinephric fat measuring 11.5 x 6.5 x 8 cm. External surface was lobulated and well encapsulated. Stump of ureter was 3.8 cm. Cut surface showed a well circumscribed mass of 5.4 cm diameter situated at lower pole of kidney and was seen protruding into the calyces.
The mass was grey-white to brown with areas of necrosis giving a variegated appearance. The upper pole showed a mass of 3 x 3 x 3 cm. Cortex and medulla were poorly defined. Ureter was filled with blood. Microscopic examination revealed a malignant tumor comprised of round to oval cells arranged in sheets, with presence of pseudorosettes. At places areas of necrosis were present and the tumor was mitotically active but not brisk. Vascular invasion was present. The cells were PAS positive. Immuno histochemistry was performed. The tumor was CD 99 positive but negative for CD-45, pancyto keratin and chromogranin A and finally diagnosed as primitive neuroectodermal tumor of kidney (PNET).

**CD99 : POSITIVE**

**Impression:** EWINGS’/PNET.

**CK : NEGATIVE**

**Impression:** Primitive Neuroectodermal tumor / EW kidney.

**CD99 (MIC2 antigen)**

CD99 is a 32 kD membrane glycoprotein expressed by human thymocytes, most T-ALL cells, some red blood cells and the small round tumors of Ewings sarcoma and Primitive neuroectodermal tumors. It is found to be expressed in lymphoblastic lymphomas, large cell lymphomas and paediatric acute lymphocytic leukemia and Askin-Rosai tumor.
**Pancytokeratin (Cytokeratin cocktail)**

Human cytokeratins (40kD to 68kD) are a family of water insoluble Proteins that form a major part of the cytoskeleton of epithelial cells. Immunohistochemical analysis of a large number of tumors has established keratin protein immunohistochemistry as an important aid for classification of epithelial neoplasms. Monoclonal antibodies AE1 and AE3 recognize the acid and basic subfamilies of cytokeratin respectively. Thus, the combination of these two antibodies can be used to detect almost all human epithelia. These antibodies do not show any cross reactivity with other cytoskeletal proteins. This cocktail has been used to differentiate epithelial tumours from non-epithelial tumours.

**Discussion**

Primitive neuroectodermal tumor was initially described as blue round cell tumor by Arthur Purdy Stout and his colleagues in 1918. Later it was described by Askin and his colleagues as a peculiar small cell tumor of chest wall in adolescents (Askin’s tumor)\(^1\). Ewings and PNET's are biologically related tumors. There is gene fusion FLI-1 gene on chromosome 11 with EWS gene on chromosome 22 (11,22) (q 24,q12) (4). A variety of fusions may occur. DNA Transcriptor factor (EWS) is joined to RNA binding factor (FLI1) leading to abnormal DNA regulation. These tumors show CD 99 positivity in 95% of cases (3) also known as MIC-2 Antigen,12 ET,E2,O13,HBA71(5)(7) which are derived from lymphoblastic cells lines.

Differential Diagnosis of PNET is with Extrasosseous EWS, Rhabdomyosarcoma (solid alveolar type). Neuroblastoma, Nephroblastoma (Wilm's tumor), carcinoind, clear cell sarcomas of kidney, desmoplastic round cell tumor and lymphoma etc.

Extraskeletal Ewings sarcomas lack Homer Wright rosettes which are the hall mark of primitive neuroectodermal tumors. The cells are arranged in diffuse sheets in compressed cellular masses, nuclear contours are same as lymphoid cells but slightly larger. Cytoplasm is clear or bubbly with abundance of glycogen giving PAS positivity. The cell interspersing creates a light and dark cell pattern. The mitotic activity is low in typical Ewings sarcoma. These tumors often regress after the therapy leaving a fibrous scar and microscopically residual viable tumors in fibrous tissue.

Common mimic of tumor in Ewings family is solid variant of alveolar rhabdomyosarcoma in which cells are separated by prominent frame work of fibrovascular septas resembling lung aleveoli, sometimes giving a picket fencing arrangement. Multiple tumor giant cells are usually seen. Immunohistochemistry resolves the confusion as these are cytokeratin and $S100$ protein negative but positive for myoglobin, MyoD1,skeletal muscle myogenin, skeletal muscle myosin and desmin.

Neuroblastomas show true rosettes with neuropils,salt and pepper chromatin. They are positive for synaptophysin, chromogranin A, synaptophysin neurofilament protein and microtubules associated protein.

Nephroblastoma (Wilm's tumor) show triphasic pattern blastemal stroma and epithelium, although biphasic and monophasic pattern can be seen. Stroma is myxomatous with presence of other mesenchymal elements. Rosette and glandular structures may be seen. Immunohistochemistry, though not of diagnostic help but nuclear reactivity for WT 1 in blastemal or epithelial element is characteristic.

Clear cell sarcoma of kidney histologically reveals monomorphic cords of cells separated by delicate vascular channels, tendency to surround isolated nephrons and prominent collageneous background. The tumors are negative for all markers except vimentin.

Desmoplastic round cell tumor is a small cell tumor encircled by dense, fibrotic tissue, vague rosettes with rhabdoid features. They are positive for desmin or vimentin, EMA, cytokeratin NSE, $S100$ protein, synaptophysin and CD 57.

The problem arises with lymphomas and poorly differentiated synovial sarcomas as both have tendency towards CD99 positivity. Lymphomas
have monomorphic appearance and are usually common leucocyte antigen (CD45) positive while synovial sarcomas are positive for cytokeratin subtypes.

To conclude a newer antibody to the FLT-1 proteins, product of EWS-FLT-1(2)(3)(6) fusion genes has been found to offer improved specificity with Ewing's sarcoma/primitive neuroectodermal tumors although it was not performed in this case.

References

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