



Coagulase Activity in Clinical Isolates of Candida

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INTRODUCTION

Candida have exploded into prominence in recent years as opportunistic and nosocomial fungal pathogen.^[1] Several virulence factors like adhesion, hyphal formation, cell surface hydrophobicity, biofilm formation, proteinase secretion, phospholipase secretion, coagulase production and phenotypic switching^[2-4] contribute to its pathogenesis. Plasma coagulase, is an enzyme that binds plasma fibrinogen and activates a cascade of reactions that induce plasma to clot.^[5] It catalyses conversion of prothrombin to thrombin and is considered as potential enhancer of virulence of *Candida albicans*.^[6] Research in *Candida* has focused on enzymes such as secreted aspartyl proteinases, phospholipases and haemolysins. Systematic studies correlating source of candida isolation and plasma coagulase expression are rare.^[5,7]

Therefore the present study was undertaken with objective to detect the coagulase activity of candida species isolated from various clinical specimens.

SUBJECTS AND METHODS

A total of 119 *Candida strains* isolated from stool, urine, high vaginal swab, sputum, blood representing five different species *C. albicans* (71), *C. tropicalis* (21), *C. parapsilosis* (17), *C. krusei* (09), and *C. guilliermondii* (01) were included in the study. The isolates were identified by standard diagnostic procedures (germ tube production, chlamyospore formation and sugar assimilation)⁷. Approximately 0.1 ml of an overnight culture of each test strain in Sabouraud-dextrose broth was inoculated into a tube containing 500 ml of EDTA-rabbit plasma (Difco Laboratories, Detroit, Mich.). *Staphylococcus*

aureus ATCC 25923 and *Staphylococcus epidermidis* ATCC 35984 were used as positive and negative controls for coagulase production. The tubes were incubated for 4 hours at 35°C.

Coagulase production was assessed by the presence of a clot that could not be resuspended by gentle shaking. If no clot was formed, the tubes were reincubated and reexamined after 24 hours.^[8]

RESULTS

Table 1 summarizes the Coagulase activity of various *Candida* species.

Table 1: Coagulase in various *Candida* species

Candida sp.	No. of isolates	Coagulase n (%)	
		Positive	Negative
<i>C. albicans</i>	71	38 (53.52)	33 (46.47)
<i>C. tropicalis</i>	21	08 (38.00)	13 (61.90)
<i>C. parapsilosis</i>	17	7 (41.17)	10 (58.82)
<i>C. krusei</i>	9	2 (22.22)	7 (77.77)
<i>C. guilliermondii</i>	1	00	1 (100)
Total	119	55 (46.21)	64 (56.25)

The coagulase activity was higher in *C. albicans* (38/71; 53.52%) than non-albicans *Candida* (17/51; 35.41%). The only isolate of *C. guilliermondii* studied was found to be negative for coagulase.

DISCUSSION

Coagulase production by *Candida* species was first reported by Rodrigues et al, who detected high coagulase activity in *C. albicans* (88.5%) and *C. tropicalis* (82.6%), but lower activities in other species using the coagulase tube test with rabbit plasma after incubation for 24 hours.^[5] In the present study, 46% of *Candida* isolates showed coagulase production and higher activity was noted in *C. albicans* (53.52%) than non-albicans *Candida* (35.41%). In the study by Yigit et al, 64.7% *C. albicans* exhibited coagulase production in the tube coagulase test with rabbit plasma which was higher than that of *C. glabrata*(30.0%), *C. krusei*(22.2%), *C. kefyr* (42.8%) strains and *C. parapsilosis* (40.0%) strains.^[9] In study by Rodrigues et al⁵ none of the

C. krusei was able to produce coagulase. However, two strains of *C. krusei* in our study were coagulase positive. In our study, we could not find correlation between the source of *Candida* isolation and the coagulase activity. Similar finding is reported by Rodridge A G et al study.^[5] Variations in expression of coagulase in different species of *Candida* with their different sources of origin may be attributable with specific characteristics of *Candida* isolates, such as geographical origin or type of infection, site and stage of infection and the nature of the host response. However as coagulase activities in *Candida* species as virulence factor is less well studied, its importance to pathogenicity requires new and more rigorous studies.

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